

BRANDON BROWN

LCSWA-Adjunct Staff

Introducing Mr. Brandon Brown, a passionate Licensed Clinical Social Work Associate (LCSWA) working as a new therapist. With a warm and friendly demeanor, Brandon strives to create a safe and supportive space for individuals seeking guidance and healing.

Having completed his Master's Degree in Social Work from Norfolk State University, he is equipped with a solid foundation of theoretical knowledge and practical experience. Brandon also received his Bachelor's degree from James Madison University located in the Commonwealth of Virginia as well. During his training, he had the privilege of working with diverse populations, including children, adolescents, adults, and families. This exposure has further strengthened his ability to adapt his therapeutic approach to meet the unique needs of each client served.

His approach to therapy is client-centered, meaning that he truly believes you are the expert of your own life. He is here to accompany you on your journey, providing empathy, active listening, and a non-judgmental attitude. He utilizes evidence-based techniques such as Cognitive-Behavioral Therapy (CBT), mindfulness, and solution-focused interventions to help you identify and overcome challenges, foster personal growth, and develop effective coping strategies.