

# ZARA KUSI

*MSW Candidate*

Zara Kusi is a Master of Social Work student at The Ohio State University. She has a BA in Psychology with a minor in African American Studies. Although she represents Jersey and is proud of her Ghanaian roots, she has become fond of the Buckeyes.

Bridging the gap between youth and parents has been an ongoing mission of hers, which has spilled into her place of worship, where she has served as a youth coordinator for the past 4 years. Strengthening and supporting the family unit/dynamic has been her biggest passion for over 10 years of working within the social service sector.

She enjoys adventure, travel, writing, spending quality time with her husband, exploring new restaurants, and smiling. Prayer is what keeps her grounded.

Life comes with its share of obstacles, setbacks, uncertainties, and more. Developing ways to feel lighter, and channel energy into the small victories, in spite of what someone may be going through, is part of a journey toward growth and healing she hopes her clients will be open to exploring.